

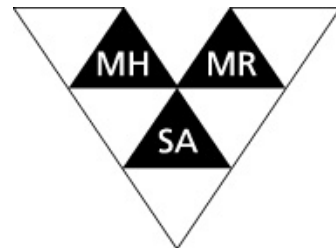
HELPING TO HEAL: A Training on Mental Health Response to Terrorism Field Guide

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Community Resilience Project of Northern Virginia
COMING TOGETHER TO HEAL



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INTRODUCTION

This field manual is part of a larger training kit that was developed to better prepare mental health professionals and paraprofessionals for the early phases of the response to a terrorist or mass trauma event. The kit includes a CD-ROM, a manual, this field guide, and several collateral materials, such as a resource bibliography, a preparedness checklist, an “Assess your Stress” wallet card for disaster mental health workers mental health providers, and a kit feedback form.

This field guide condenses and focuses material contained in *Helping to Heal: A Training on Mental Health Response to Terrorism* (Commonwealth of Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services, January 2004). It is intended to be a quick reference guide for those providing mental health services to survivors of a terrorist attack. It contains essential information, such as practical guidelines and checklists, for providing mental health services. For additional information on what is contained in the field guide, please see the *Helping to Heal* CD-ROM or manual.

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